



One day  
Seminar on

**“Sacred Ecology – The Connection between Nature and Wellbeing”**  
6<sup>th</sup> January 2023



**“SACRED ECOLOGY - THE CONNECTION  
BETWEEN NATURE AND HUMAN-WELL BEING”**



Organized by:  
**University School of Environment Management  
Guru Gobind Singh Indraprastha University  
&  
Sacred Earth Trust**

**6th JANUARY 2023, 9 AM to 4 PM**

**VENUE:  
C Block, Seminar Hall,  
Guru Gobind Singh Indraprastha University**



Human evolution revolved around the natural consequences, as we evolved from hunter-gatherers to modern age technologically equipped human society, our connect with nature is getting lost. Arne Naess, distinguished two paradigms of environmental philosophy and he called “shallow” and “deep ecology,” primarily on the basis of a fundamental division in environmental ethics. In the present anthropocene era, human civilization faces nature’s fury in every climatic event like flood, cyclone, landslide etc. A separate school of thought was developed as **Deep ecology**, a recent branch of ecological philosophy that considers humankind as an integral part of its environment. We, humans, have an innate connection with the nature and our physiology, physiology and health correlates with the surrounding nature. Human identity exists at the intersections of the ancient cycles of air, water and soil.

Human identify exists at the intersection of the ancient cycles of air, water and soil. In spite of the pervasive illusion of separation, in reality no separation is possible between nature and us. By acknowledging our interconnectedness we invite the spontaneous healing of the psyche. We, the human society are facing its impact on our life. The answer lies in the lap of nature, which we are trying to seek for our wellbeing. In last few years, many new worlds have been coined to attract our attention, like Nature-based Solutions (NbS) and Lifestyle for Environment (LiFE) Govt. urged to have deliberate discussion on these themes.

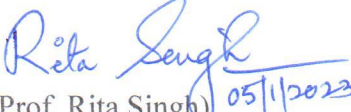


### Themes of Seminar

|   |                                       |
|---|---------------------------------------|
| Human Consciousness and Nature Connection | Gaya hypothesis                       |
| Sacred Groves                             | Amrita Devi Bishnoi - Chipko movement |
| Deep v/s Shallow Ecology                  | Eco-feminist Movement                 |
| Biophilia hypothesis                      | Spiritual Ecology                     |

### Event Schedule

| Time                                       | Details   |
|--|---|
| 09:30 – 10:30                              | Registration  |
| 10:30 – 11:30                              | Inauguration<br>Lamp lighting<br>Welcome address by Dr. Pamposh<br>Honourable VC's address (Chief Guest)  |
| 11:30 -12:00                               | High Tea  |
| 12:00-12:20<br>12:20- 12:40<br>12:40-01:00 | Lecture by Prof Prodyut Bhattacharya, USEM<br>Lecture by Mr. Ishtiak Ahamad, Manager Nature Education and Training<br>Give me Trees Trust<br>Lecture by Dr. Upmanyu Hore, Advisor, Sacred Earth Trust |
| 01:00-02:00                                | Lunch   |
| 02:00-02:20<br>02:20-02:40<br>02:40-03:00  | Lecture by Prof Rita Singh, Dean, USEM<br>Lecture by Ms. Chika Fujita, Ananda Yoga Teacher at Ananda Sangha,<br>Delhi<br>Lecture by Ms. Radhika Bhagat, Founder & CEO, Sacred Earth Trust             |
| 03:00-03:30                                | Open session  |
| 03:30-04:00                                | Vote of thanks by Dr. Sumit Dookia followed by Tea  |

  
(Prof. Rita Singh) 05/11/2023  
Dean, USEM

  
(Dr. Pamposh & Dr. Sumit Dookia)  
Convener